

Course Name	–	<u>ADVANCED TRAINING IN HEALTH AND WELLNESS TEACHING (CN 045)</u>
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/education)
Interactive Sessions	–	2 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

<u>MODULE NAME AND NUMBER</u>	<u>MODULE BRIEF</u>
<u>04501 – CHILD & ADOLESCENT MENTAL HEALTH</u>	Introduction to mental health concepts and concerns in young learners.
<u>04502 – CHILD & ADOLESCENT DEVELOPMENT</u>	Covers growth patterns and developmental milestones impacting learning.
<u>04503 – STUDENT GUIDANCE PROCESS & SKILLS</u>	Techniques for providing effective academic and personal guidance.
<u>04504 – CHILD & ADOLESCENT BEHAVIOUR AND MENTAL HEALTH ISSUES</u>	Understanding behavioural challenges and common mental health problems in schools.
<u>04505 – BASIC INTERVENTIONS AND TECHNIQUES</u>	Simple, practical strategies to support students in need.
<u>04506 – STUDENT EMPOWERMENT (KG – XII)</u>	Methods to build confidence, resilience, and leadership across school years.
<u>04507 – BULLYING MANAGEMENT</u>	Approaches for identifying, preventing, and managing bullying in schools.
<u>04508 – CHILD ABUSE MGT & SEX EDUCATION</u>	Awareness, prevention, and education for child safety and healthy growth.
<u>04509 – EMOTIONAL HEALTH & WELL- BEING AT SCHOOLS</u>	Promoting emotional resilience and positive school environments.
<u>04510 – ESSENTIAL STUDY SKILLS</u>	Training students in time management, focus, and effective study techniques.
<u>04511 – CAREER ASSESSMENT (INFORMAL)</u>	Quick tools for guiding students toward suitable career paths.
<u>04512 – LIFE SKILL ASSESSMENT AND EMPOWERMENT</u>	Helping students develop essential life skills for success and well-being.

<u>COURSE FEE</u>	<u>INDIAN LEARNERS</u>	<u>LEARNERS FROM OTHER COUNTRIES</u>
<u>Continuous Guide Email Support & 24/7 Student Advisor Call Support</u>	<u>₹10,600</u>	<u>\$250</u>
<u>1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support</u>	<u>₹24,600</u>	<u>\$610</u>

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org