

Course Name	–	<u>APPLIED TRAINING IN ADHD MANAGEMENT (COURSE NO 148)</u>
Course Duration	–	6 months / 6 modules / 12Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/ Reusable Learning Materials/1:1 Sessions/Highly Interactive/Intermediate
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based / Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/hd/training/edu)
Interactive Sessions	–	1 interactive session/module - 24/7 Advisor Call Support - 24/7 Guide Email Support

MODULE NAME	MODULE BRIEF
14801 – UNDERSTANDING ADD & ADHD	Explains symptoms, causes, and challenges of ADD/ADHD.
14802 – ADHD ASSESSMENT	Focuses on diagnostic tools and evaluation methods.
14803 – ADHD INTERVENTIONS	Covers behavioural, therapeutic, and practical strategies for support.
14804 – ADHD AT SCHOOLS	Addresses classroom strategies and academic accommodations.
14805 – CBT & MINDFULNESS	Introduces therapeutic techniques to improve focus and self-control.
14806 – SENSORY INTEGRATION & SELF-REGULATION	Teaches methods to manage hyperactivity, impulsivity, and sensory needs.

Course Fee	Indian Learners	Learners from other countries
Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹8,400 (Email-based)	\$200 (Email-based)
1:1 Guide Orientation Sessions Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹15,400 (Session-based)	\$380 (Session-based)

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp the Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org