

Course Name	<b>POST GRADUATE DIPLOMA IN CHILD AND ADOLESCENT PSYCHOLOGY</b>	
Course Duration	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support / <b>(CNO 438)</b>	
Course Mode	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive	
Course Structure	21 credits compulsory + 27 credits optional (as per learner's selection)/Advanced	
Eligibility	10+2+3 or 15+2 Years (social work/management/psychology/training/hd/edu)	
Interaction	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled	

**COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS**

<b>43801 – DEVELOPMENTAL PSYCHOLOGY OF CHILDHOOD AND ADOLESCENCE – 2cr / 30 days of learning</b>	Focuses on cognitive, emotional, social, and behavioural developmental milestones, helping learners understand age-appropriate growth patterns and identify developmental deviations.
<b>43802 – CHILD &amp; ADOLESCENT MENTAL HEALTH AND PSYCHOPATHOLOGY – 2 credits / 30 days learning</b>	Introduces common psychological disorders, behavioural challenges, and emotional disturbances in children and adolescents with emphasis on assessment and early identification.
<b>43803 - COUNSELLING AND THERAPEUTIC INTERVENTIONS FOR CHILDREN AND ADOLESCENTS – 2 credits / 30 days</b>	Covers evidence-based counselling approaches including CBT, play therapy, expressive therapies, and behavioural interventions tailored to developmental needs.
<b>43804 – ASSESSMENT, CASE FORMULATION AND TREATMENT PLANNING – 2 credits / 30 days of learning</b>	Trains learners in structured assessment, case conceptualisation, documentation, and designing age-appropriate intervention plans for child and adolescent clients
<b>43805 - PRAGMATISM – CASE WORK – 2 credit / 10 days of learning</b>	Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.
<b>43806 - DISSERTATION – 3 credit / 20 days of Inductive learning</b>	Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.

**OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS**

<b>43897 - Psychology – 3 credits/ 23 days of learning</b>	<i>Compulsory in optional only for those who do not have a previous psychology background.</i> Knowledge about various theories of psychology, memory, cognition, learning etc.,	
<b>43808 – CHILD COUNSELLING SKILLS</b>	<b>43813 – EARLY CHILDHOOD MENTAL HEALTH AND DEVELOPMENT</b>	<b>43818 – RISK BEHAVIOUR AND ADDICTION PREVENTION IN ADOLESCENTS</b>
<b>43809 – ADOLESCENT COUNSELLING TECHNIQUES</b>	<b>43814 – CAREER COUNSELLING FOR ADOLESCENTS</b>	<b>43819 – CASE WORK PRACTICE IN CHILD AND ADOLESCENT COUNSELLING</b>
<b>43810 – PLAY THERAPY INTERVENTIONS</b>	<b>43815 – EMOTIONAL INTELLIGENCE DEVELOPMENT</b>	<b>43820 – LIFE SKILLS AND RESILIENCE BUILDING PROGRAMS</b>
<b>43811 – LEARNING DISABILITIES AND ACADEMIC INTERVENTION STRATEGIES</b>	<b>43816 - BEHAVIOUR MODIFICATION STRATEGIES FOR CHILDREN</b>	<b>43821 – NEURODEVELOPMENTAL DISORDERS AND MULTISENSORY INTERVENTIONS</b>
<b>43812 – ART AND EXPRESSIVE THERAPY WITH CHILDREN</b>	<b>43817 – ADHD ASSESSMENT AND INTERVENTION</b>	<b>43822 – SCHOOL MENTAL HEALTH AND SCHOOL COUNSELLING MODELS</b>
<b>43823 – CRISIS INTERVENTION AND PSYCHOLOGICAL FIRST AID FOR YOUTH</b>	<b>43824 – SOCIAL SKILLS TRAINING AND PEER RELATIONSHIP INTERVENTIONS</b>	<b>43825 – TRAUMA-INFORMED COUNSELLING FOR CHILDREN</b>
<b>43826 – AUTISM SPECTRUM DISORDERS</b>	<b>43827 – EXECUTIVE FUNCTION SKILL TRAINING</b>	<b>43828 – PARENTING GUIDANCE AND FAMILY COUNSELLING</b>
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>₹ 15,200/-</b>	<b>\$530</b>
<b>Others</b>	<b>₹ 16,800/-</b>	<b>\$600</b>

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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