

Course Name	–	<b>POST GRADUATE DIPLOMA IN CHILD CARE &amp; DEVELOPMENT</b>
Course Duration	–	12 months / 48 credits / Maximum 15 Modules / 24x7 Virtual Support / <b>(CNO 481)</b>
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Interactive
Course Structure	–	21 credits compulsory + 27 credits optional (as per learner’s selection)/Advanced
Eligibility	–	10+2+3 or 15+2 Years (social work/management/psychology/hr/training/hd/edu)
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**COMPULSORY MODULES - 21 CREDITS / 6 MODULES / 5 MONTHS**

<b>48101 – CHILD CARE &amp; DEVELOPMENT - I</b> – 4 credits / 30 days learning	Learn the foundations of child growth and development. This module covers early childhood care and developmental needs.
<b>48102 – CHILD CARE &amp; DEVELOPMENT - II</b> – 4 credits / 30 days learning	Explore advanced aspects of childcare and development. Focus on later stages of childhood and practical approaches
<b>48103 - CHILD &amp; TEEN MENTAL HEALTH ISSUES</b> – 4 credits / 30 days of learning	Understand common mental health issues faced by children and adolescents. Learn to identify early signs and provide timely support
<b>48104 – CHILD COUNSELLING</b> – 4 credits / 30 days of learning	Practical training in counselling children through age-appropriate methods. This module focuses on understanding their needs and guiding them effectively.
<b>48105 - PRAGMATISM – CASE WORK</b> – 2 credit / 10 days of learning	Engage in practical case work to apply theory in real-life settings. This module enhances your confidence and professional skills.
<b>48106 - DISSERTATION</b> – 3 credit / 20 days of Inductive learning	Compiled work on a selected topic with guidance from a mentor. This module demonstrates the expertise and knowledge gained throughout the course.

**OPTIONAL MODULES - CHOOSE ANY NINE MODULES FROM THE BELOW LIST - TOTALLING 27 CREDITS**

<b>48197 - Psychology</b> – 3 credits/ 23 days of learning	<i>Compulsory in optional only for those who do not have a previous psychology background. Knowledge about various theories of psychology, memory, cognition, learning etc.,</i>	
<b>48108 – Child Counselling Process</b>	<b>48113 – Learning Disabilities</b>	<b>48118 – Hyperactivity &amp; Inattentive</b>
<b>48109 – Child Counselling Skills</b>	<b>48114 – Executive Skill Training</b>	<b>48119 – Behaviour Issue Management</b>
<b>48110 – Identifying Child Mental Health Issues</b>	<b>48115 – Communication &amp; Socialising Disorder</b>	<b>48120 – Child Counselling Interventions &amp; Techniques</b>
<b>48111 – Counselling Children</b>	<b>48116 - Emotional Intelligence</b>	<b>48121 – Early Childhood Education</b>
<b>48112 – Counselling Adolescents</b>	<b>48117 – PARENTING</b>	<b>48122 – Life Skills Empowerment</b>
<b>48123 – Child Abuse Prevention &amp; Safeguarding</b>	<b>48124 – Play &amp; Expressive Therapies for Children</b>	<b>48125 – Autism Spectrum Interventions &amp; Support Strategies</b>
<b>48126 – Parenting Skills for Special Needs Children</b>	<b>48127 – Child Behaviour Assessment Tools &amp; Techniques</b>	<b>48128 – School-Based Counselling Practice &amp; Documentation</b>
<b>Course Fee</b>	<b>Learners from India</b>	<b>International Learners</b>
<b>Life Member of IHMH</b>	<b>₹15200</b>	<b>\$530</b>
<b>Others</b>	<b>₹16800</b>	<b>\$600</b>

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at [info@ihmh.in](mailto:info@ihmh.in) / [info@ihmh.org](mailto:info@ihmh.org)  
**Institute of Holistic Mental Health @ [www.imh.in](http://www.imh.in) @ [www.ihmh.in](http://www.ihmh.in)**