

UPGRADE ACADEMY – COURSE INFORMATION DOCUMENT– www.wiseteacher.in @ 0091600800020

Course Name	–	CERTIFICATE IN SOCIAL- EMOTIONAL LEARNING IN PRESCHOOL (CNO SP06)
Course Duration	–	Module based completion / Total 09 Modules / 24x7 Virtual Support
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 9 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	–	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

Learning Objective: Build emotional intelligence from early years

Course Modules	Brief Module Description
SP0601 – Understanding Emotions in Young Children	Explores how preschoolers experience and express emotions. Teachers learn to interpret emotional behaviour developmentally rather than as discipline issues.
SP0602 – Teaching Emotional Vocabulary	Focuses on helping children identify and name emotions. Teachers learn language-based strategies to build emotional awareness and expression.
SP0603 – Building Empathy and Kindness	Introduces ways to nurture caring and prosocial behaviour. Teachers use stories, modelling, and daily interactions to promote empathy.
SP0604 – Self-Regulation Skills	Explains how self-control develops gradually in early childhood. Teachers learn co-regulation strategies that help children calm and organize themselves.
SP0605 – Handling Aggression and Biting	Examines common causes of aggressive behaviour in preschoolers. Teachers learn safe, consistent, and emotionally supportive response strategies.
SP0606 – Peer Interaction and Friendship Skills	Focuses on sharing, turn-taking, and cooperation. Teachers learn how to guide social learning during play and group activities.
SP0607 – Attachment and Trust in Classrooms	Highlights the importance of secure teacher-child relationships. Teachers learn practices that build emotional safety and trust.
SP0608 – Teacher Emotional Presence	Explores how teacher tone, body language, and emotional regulation influence children. Emphasis is placed on calm, predictable adult behaviour.
SP0609 – Integrating SEL into Daily Routines	Shows how emotional learning can be embedded into routines and transitions. SEL becomes part of everyday classroom life rather than a separate lesson.
Course Mode	Email Based (with guide assistance)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners
Course Mode	Whats App Based (with guide assistance)
Course Fee	₹5600 - Indian learners \$120 – Intl. Learners
Course Mode	Session Based (with 6 one-to-one sessions)
Course Fee	₹8200 - Indian learners \$210 – Intl. Learners

Commented [IK1]:

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in

Upgrade Academy @ www.wiseteacher.in @ www.schoolpsychology.in @ www.traintheteacher.in