

Course Name	–	CERTIFICATE IN PSYCHOLOGICAL FIRST AID AT SCHOOLS (SP110)
Course Duration	–	At your campus certificate course / 06 Modules / 3 months with 3 workshops
Course Mode	–	Hybrid/ On Campus Workshops / Learning Materials / Expert Trainers
Learning Mode	–	Offline workshops/24X7 Whats App Support /Online & Offline Support Sessions
Eligibility	–	Teachers/ Educators / Special Educators/ School Heads/ School Admins
Interaction	-	24/7 Advisor Call Support – 24/7 Trainer Support / Scheduled & Certified

Learning Objective : This three-day intensive program equips educators, school counsellors, administrators, and student support staff with practical skills to respond effectively to emotional distress, trauma exposure, and crisis situations within school settings. Participants will learn structured Psychological First Aid (PFA) principles, develop calm and ethical response strategies, and build confidence in supporting children during emotionally overwhelming situations. The program focuses on strengthening crisis preparedness, improving school safety frameworks, and ensuring responsible referral and follow-up systems.

Course Modules	Brief Course Module Descriptions
SP11001 – Understanding Psychological First Aid	This module introduces the principles, purpose, and scope of Psychological First Aid in educational environments. Participants learn what PFA is and what it is not, including boundaries between emotional support and clinical intervention. The focus is on building foundational clarity and structured response understanding.
SP11002 – Recognizing Signs of Distress and Trauma	This module helps participants identify emotional, behavioural, and physical indicators of stress, trauma exposure, and psychological distress in children and adolescents. Practical observation markers are discussed. Emphasis is placed on early recognition and appropriate response within school contexts.
SP11003 – Core Skills in Providing Psychological First Aid	This session focuses on the essential steps of PFA: Look, Listen, and Link. Participants learn grounding techniques, stabilisation strategies, and immediate supportive actions that reduce emotional escalation. The emphasis is on calm, structured, and ethical support practices.
SP11004 – Communication and Empathy in Crisis Situations	This module develops effective communication skills required during emotionally charged situations. Participants practise active listening, non-judgmental responses, reassurance techniques, and maintaining professional boundaries. Empathy without over-involvement is emphasised.
SP11005 – Supporting Children in Crisis	This session focuses on age-appropriate crisis response for children and adolescents. Participants learn how developmental stage influences reactions to stress and trauma. Practical classroom and school-based support strategies are introduced.
SP11006 – Case Work: Practicing Psychological First Aid Scenarios	The final module involves guided case discussions and scenario-based practice. Participants apply PFA principles to simulated school situations such as bullying incidents, grief reactions, panic episodes, or sudden distress events. The focus is on building confidence, decision-making clarity, and responsible referral planning.

Course Mode	One workshop will be conducted each month. A total of three workshop days will be delivered at your premises.		Minimum 12 Educators 24/7 WhatsApp Doubt Support
Course Fee	₹3600 – for schools around Coimbatore, Erode, Tiruppur & Nilgiris	₹5400 – for rest of Tamilnadu	₹3600 – for rest of India (with 6 online workshop sessions) ₹9600 – for rest of India (with 2 day onsite workshops)

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in