

Cert Course Name	–	<u>GUIDANCE, BEHAVIOUR SUPPORT & EMOTIONAL COACHING IN PRESCHOOL</u>
Course Duration	–	Module based completion / Total 09 Modules / 24x7 Virtual Support (CNO SP13)
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 9 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

Learning Objective: Equip preschool teachers with developmentally appropriate, emotionally sensitive strategies for guiding behaviour, managing challenges, and supporting self-regulation without punishment.

Course Modules		Brief Module Description	
SP1301 – Understanding Preschool Behaviour Development		Explains why young children behave impulsively and emotionally. Teachers learn to view behaviour as communication rather than defiance.	
SP1302 – Behaviour vs Developmental Needs		Helps teachers distinguish age-appropriate behaviour from genuine concerns. Reduces unnecessary discipline and adult frustration.	
SP1303 – Foundations of Emotional Coaching		Introduces emotional coaching as a supportive teaching approach. Teachers learn to acknowledge feelings while guiding behaviour.	
SP1304 – Co-Regulation Before Self-Regulation		Explains how children borrow adult calm to regulate emotions. Teachers learn practical co-regulation techniques.	
SP1305 – Handling Tantrums, Meltdowns, and Crying		Focuses on responding calmly to emotional outbursts. Teachers learn strategies that ensure safety while supporting emotional learning.	
SP1306 – Managing Aggression, Hitting, and Biting		Explores causes of aggressive behaviour in preschoolers. Teachers learn consistent, non-shaming response strategies.	
SP1307 – Setting Limits with Empathy		Teaches how to establish boundaries without fear or punishment. Focus is on firmness combined with emotional validation.	
SP1308 – Building Predictable Behaviour Support Systems		Shows how routines and consistency reduce behavioural issues. Teachers learn to design emotionally safe classrooms.	
SP1309 – Reflecting on Teacher Triggers and Biases		Encourages self-reflection on adult reactions to behaviour. Teachers build awareness to respond rather than react.	
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in