

Course Name	–	<b><u>CERTIFICATE IN UNDERSTANDING THE MIDDLE SCHOOL LEARNER (11–14)</u></b>
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support ( <b><u>CNO SP31</u></b> )
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	–	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**Learning Objective :** This course enables middle school teachers to develop a deep, developmentally grounded understanding of early adolescents aged 11–14. Teachers learn how rapid physical, cognitive, emotional, and social changes affect learning, behaviour, motivation, and classroom relationships. The course helps teachers realign expectations, teaching strategies, and discipline approaches to suit this revealed developmental stage.

Course Modules	Brief Course Module Descriptions
<b>SP3101 – Developmental Changes in Early Adolescence</b>	This module explores the major physical, emotional, cognitive, and social transitions that occur during early adolescence. Teachers learn how puberty, brain development, and emotional intensity shape behaviour and learning. Misinterpretations of adolescent behaviour as “attitude” or “laziness” are examined.
<b>SP3102 – Cognitive Development and Thinking Patterns (Grades 6–8)</b>	Focuses on the shift from concrete thinking to emerging abstract reasoning. Teachers learn why adolescents question rules, challenge logic, and seek meaning. The implications for teaching methods, explanations, and assessment are discussed.
<b>SP3103 – Emotional Development, Identity, and Self-Concept</b>	Explores emotional volatility, self-consciousness, and identity formation in early teens. Teachers learn how classroom interactions influence confidence, shame, and motivation. The importance of emotional safety is emphasised.
<b>SP3104 – Social Development, Peer Influence, and Belonging</b>	Examines friendships, peer pressure, social status, and the need for acceptance. Teachers learn how peer dynamics impact classroom behaviour and participation. Strategies for managing group influence constructively are introduced.
<b>SP3105 – Motivation, Resistance, and Risk-Taking Behaviour</b>	Explores why middle school students may appear disengaged, oppositional, or inconsistent. Teachers learn developmental explanations for resistance and risk-taking. Classroom implications for motivation and engagement are discussed.
<b>SP3106 – Translating Adolescent Development into Classroom Practice</b>	Connects developmental understanding to real classroom decisions. Teachers learn how to adjust instruction, communication, discipline, and expectations to suit early adolescents. The focus is on realistic, respectful, and effective teaching.

<b>Course Mode</b>	<b>Email Based (with guide assistance)</b>	<b>Whats App Based (with guide assistance)</b>	<b>Session Based (with 6 one-to-one sessions)</b>
<b>Course Fee</b>	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at [info@wiseteacher.in](mailto:info@wiseteacher.in)