

Course Name	–	CERTIFICATE IN UNDERSTANDING THE ADOLESCENT LEARNER (AGES 14–18)
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support (CNO SP44)
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

Learning Objective : This course enables secondary school teachers to develop a deep, developmentally informed understanding of adolescents aged 14–18. Teachers learn how cognitive maturity, emotional intensity, identity formation, peer influence, and future-related anxiety shape learning, behaviour, and classroom engagement. The course helps teachers align expectations, teaching strategies, discipline approaches, and communication with adolescent developmental realities.

Course Modules	Brief Course Module Descriptions		
SP4401 – Developmental Changes in Mid-to-Late Adolescence	This module explores physical, emotional, cognitive, and social development during ages 14–18. Teachers learn how brain maturation, hormonal changes, and identity exploration influence behaviour and learning. Misinterpretations of adolescent behaviour as laziness or defiance are critically examined.		
SP4402 – Cognitive Development and Abstract Thinking	Focuses on the development of abstract reasoning, metacognition, and critical thinking in secondary students. Teachers learn why adolescents challenge ideas, question authority, and seek logical consistency. Implications for teaching complex concepts are discussed.		
SP4403 – Emotional Development, Identity, and Self-Esteem	Examines emotional sensitivity, self-image, and identity formation in adolescents. Teachers learn how classroom interactions, feedback, and comparison impact confidence and motivation. Emotional safety and respect are emphasised.		
SP4404 – Social Relationships, Peer Influence, and Belonging	Explores friendships, peer pressure, social status, and the need for belonging. Teachers learn how peer dynamics affect participation, discipline, and academic choices. Classroom strategies for managing group influence are introduced.		
SP4405 – Motivation, Risk-Taking, and Resistance to Authority	Explains why adolescents may resist control, take risks, or disengage academically. Teachers learn developmental explanations rather than moral judgments. Implications for motivation and classroom authority are discussed		
SP4406 – Applying Adolescent Development to Classroom Practice	Connects developmental understanding to teaching, assessment, discipline, and communication. Teachers learn how to adjust expectations, instructional methods, and responses realistically. The focus is on respectful, effective secondary teaching.		
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in