

Cert Course Name	–	<b>CHILD AND ADOLESCENT DEVELOPMENT FOR SCHOOL COUNSELLING</b>
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support <b>(CNO SP61)</b>
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**Learning Objective :** This course equips school counsellors and well-being professionals with a strong developmental foundation to understand students’ emotional, cognitive, social, and behavioural needs across school years. Participants learn how developmental stages influence behaviour, learning, relationships, and vulnerability, enabling developmentally appropriate support, guidance, and intervention within school settings.

Course Modules	Brief Course Module Descriptions		
SP6101 – Foundations of Child and Adolescent Development	This module introduces key principles of physical, cognitive, emotional, and social development from childhood through adolescence. Participants learn how development is non-linear and influenced by environment and context. Developmental understanding is positioned as the basis of ethical school counselling practice.		
SP6102 – Emotional and Social Development Across School Years	Explores emotional regulation, attachment, peer relationships, and self-concept development. Participants learn how emotional needs shift from early childhood to adolescence. Classroom and playground behaviour is linked to emotional development.		
SP6103 – Cognitive Development and Learning Processes	Focuses on how thinking, reasoning, and decision-making evolve with age. Participants learn how developmental limits affect problem-solving, impulse control, and risk-taking. Implications for counselling conversations are discussed.		
SP6104 – Identity Formation and Adolescence	Examines identity exploration, self-esteem, body image, and autonomy during adolescence. Participants learn how identity struggles may appear as resistance, withdrawal, or emotional distress. Sensitivity and validation are emphasised.		
SP6105 – Developmental Challenges and Vulnerabilities	Explores common developmental stressors such as transitions, academic pressure, social comparison, and family changes. Participants learn to distinguish developmental distress from clinical concerns. Early support strategies are introduced.		
SP6106 – Applying Developmental Knowledge in School Counselling Practice	Connects developmental theory to real school counselling scenarios. Participants learn how to tailor conversations, interventions, and referrals based on age and readiness. Developmentally informed practice is reinforced.		
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at [info@wiseteacher.in](mailto:info@wiseteacher.in)