

Cert Course Name	–	<b>SCHOOL-BASED COUNSELLING SKILLS AND INTERVENTION TECHNIQUES</b>
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support <b>(CNO SP65)</b>
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

**Learning Objective :** This course equips school counsellors and well-being professionals with essential counselling skills and intervention techniques suited specifically for school environments. Participants learn how to conduct supportive conversations, brief interventions, and goal-oriented guidance while respecting ethical boundaries, time limitations, and the educational context.

Course Modules	Brief Course Module Descriptions		
SP6501 – Core Counselling Skills for School Settings	This module introduces foundational skills such as active listening, empathy, paraphrasing, and questioning. Participants learn how these skills differ in school-based work compared to clinical counselling. Relationship-building within limited time frames is emphasised.		
SP6502 – Establishing Rapport and Psychological Safety	Focuses on building trust with students while maintaining professional boundaries. Participants learn how to create a safe space for expression without encouraging dependency. Consistency and clarity are prioritised.		
SP6503 – Goal-Oriented and Brief Interventions	Explores short-term, solution-focused approaches suitable for schools. Participants learn how to set achievable goals, structure sessions, and maintain focus. Brief interventions are positioned as effective and ethical in school contexts.		
SP6504 – Supporting Emotional Expression and Problem-Solving	Focuses on helping students’ express emotions and think through challenges constructively. Participants learn age-appropriate techniques for reflection and problem-solving. Emotional validation without over-analysis is emphasised.		
SP6505 – Managing Resistance, Silence, and Limited Engagement	Examines common challenges such as student reluctance, silence, or superficial engagement. Participants learn respectful strategies to encourage participation without force. Patience and flexibility are highlighted.		
SP6506 – Documentation, Follow-Up, and Referral Practices	Explores ethical documentation, session notes, and follow-up planning. Participants learn when and how to refer students for additional support. Accountability and professional responsibility are emphasised.		
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at [info@wiseteacher.in](mailto:info@wiseteacher.in)