

Course Name	–	GROUP INTERVENTIONS AND CLASSROOM-BASED WELL-BEING PROGRAMS
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support (CNO SP72)
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

Learning Objective : This course equips school counsellors and well-being professionals with the skills to design and deliver group interventions and classroom-based well-being programs within school settings. Participants learn how to use group formats to build emotional skills, resilience, and social competence while maintaining ethical boundaries, structure, and developmental appropriateness.

Course Modules	Brief Course Module Descriptions		
SP7201 – Understanding Group Work in School Counselling	This module explores the purpose and benefits of group interventions in schools. Participants learn how group formats differ from individual counselling and when group work is appropriate. Developmental readiness and group composition are emphasised.		
SP7202 – Planning and Structuring School-Based Group Interventions	Focuses on setting goals, selecting participants, and designing session structures. Participants learn how to align group objectives with student needs and school priorities. Clear structure and boundaries are prioritised.		
SP7203 – Facilitating Groups Safely and Effectively	Explores facilitation skills such as managing participation, maintaining safety, and handling group dynamics. Participants learn how to encourage sharing without pressure. Confidentiality and respect are emphasised.		
SP7204 – Classroom-Based Well-Being and Life Skills Programs	Focuses on delivering well-being sessions within classroom settings. Participants learn how to collaborate with teachers while maintaining counselling roles. Practical program formats are discussed.		
SP7205 – Managing Challenges in Group and Classroom Interventions	Examines common challenges such as resistance, dominance, silence, or emotional escalation. Participants learn strategies to respond calmly and ethically. Flexibility and preparedness are highlighted.		
SP7206 – Evaluating Impact and Sustaining Well-Being Programs	Explores ways to assess effectiveness using feedback, observation, and simple indicators. Participants learn how to refine programs and ensure sustainability. Accountability and continuous improvement are emphasised.		
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions -

To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in