

Cert Course Name	–	<u>BEHAVIOUR SUPPORT & EMOTIONAL REGULATION STRATEGIES</u>
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support (CNO SP78)
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	–	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

Learning Objective : This course equips special educators, shadow teachers, and inclusion specialists with practical strategies to support students who struggle with emotional regulation, impulsivity, frustration, and behavioural challenges. Participants learn how to understand behaviour as communication, respond calmly, and support regulation within classroom and school routines without punishment-driven approaches.

Course Modules	Brief Course Module Descriptions		
SP7801 – Understanding Behaviour as Communication	This module explores how behaviour reflects unmet needs, stress, sensory overload, or skill gaps. Participants learn why challenging behaviour often increases during academic or social demands. A non-judgemental, supportive perspective is emphasised.		
SP7802 – Emotional Regulation Difficulties in School Settings	Focuses on recognising signs of emotional overload, anxiety, impulsivity, and shutdown. Participants learn how regulation challenges differ across students. Early identification helps prevent escalation.		
SP7803 – Proactive Behaviour Support Strategies	Explores preventive strategies such as routines, predictability, visual supports, and clear expectations. Participants learn how proactive support reduces behavioural incidents. Consistency across settings is prioritised.		
SP7804 – In-the-Moment De-Escalation Techniques	Focuses on responding calmly during emotional outbursts or dysregulation. Participants learn grounding techniques, neutral language, and safe redirection strategies. Emotional safety and dignity are emphasised.		
SP7805 – Supporting Emotional Skill Development	Examines how to teach coping skills such as identifying emotions, calming strategies, and problem-solving. Participants learn how to build skills gradually within school routines. Skill-building replaces punishment.		
SP7806 – Collaboration and Documentation for Behaviour Support	Explores how to document behaviour patterns and collaborate with teachers, counsellors, and parents. Participants learn how clear documentation supports consistency. Ethical communication is emphasised.		
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in