

Course Name	–	<u>UNDERSTANDING ADDICTIVE AND RISK-SEEKING BEHAVIOURS</u>
Course Duration	–	Module based completion / Total 06 Modules / 24x7 Virtual Support CNO SP97
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted / Practice Based
Learning Mode	–	Email Based / Whats App Based/ Session Based (6 sessions for 6 modules)
Eligibility	–	Teachers/ Educators / Special Educators/ Counsellors / School Heads/ Managers
Interaction	-	24/7 Advisor Call Support – 24/7 Guide Email Support / Self-paced or Scheduled

Learning Objective : This course equips teachers with the psychological understanding and practical skills to recognise, interpret, and respond to emerging addictive and risk-seeking behaviours in tweens and teens. Participants learn why students are drawn to substances (vapes, cool lip, powder drugs), excessive mobile use, social media validation, and peer pressure, how to identify early warning signs in school settings, and how to guide students safely and ethically without moralising, shaming, or overstepping professional boundaries.

Course Modules	Brief Course Module Descriptions		
SP9701 – Why Tweens and Teens Are Vulnerable to Addictive Behaviours	This module explains adolescent brain development, impulsivity, reward sensitivity, and identity exploration. Teachers learn why risk-taking and experimentation are developmentally driven rather than deliberate defiance. Understanding vulnerability replaces blame and fear-based responses.		
SP9702 – Understanding Substance-Related Risk Behaviours	Focuses on emerging substance use patterns such as vaping, cool lip, powder drugs, and similar products. Teachers learn why these substances are perceived as “safe,” “cool,” or socially acceptable. School-relevant indicators and myths around harmlessness are addressed.		
SP9703 – Digital Addiction and Mobile Dependency	Explores excessive mobile use, gaming, social media addiction, and dopamine-driven digital behaviour. Teachers learn how screen dependency affects attention, mood, sleep, learning, and relationships. Differentiating normal use from problematic patterns is emphasised.		
SP9704 – Social Pressure, Identity, and the Need to Fit In	This module examines peer pressure, social comparison, fear of exclusion, and image-driven behaviour. Teachers learn how addiction can be social rather than substance based. Belonging, validation, and identity needs are highlighted as core drivers.		
SP9705 – Identifying Early Warning Signs in School Settings	Focuses on behavioural, emotional, academic, and social indicators visible to teachers. Participants learn to spot patterns such as withdrawal, sudden attitude shifts, secrecy, decline in performance, or peer changes. Observation without labelling is prioritised.		
SP9706 – Guiding, Supporting, and Referring Students Ethically	This module trains teachers to respond calmly and supportively when concerns arise. Participants learn how to talk to students without confrontation, guide healthy choices, involve counsellors and parents appropriately, and know when referral is required. Professional boundaries and child safety are emphasised.		
Course Mode	Email Based (with guide assistance)	Whats App Based (with guide assistance)	Session Based (with 6 one-to-one sessions)
Course Fee	₹4200 - Indian learners \$90 – Intl. Learners	₹5600 - Indian learners \$120 – Intl. Learners	₹8200 - Indian learners \$210 – Intl. Learners

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 9600 8000 20 or email us at info@wiseteacher.in